

TABLA 1. Puntajes de incapacidad medios (y error estándar) según el diagnóstico de trastorno mental del DSM-IV actual (cuestionarios para trastornos de la personalidad, psicosis y neurastenia).

	SF-12 mental	SF-12 físico	BDQ total	BDQ base	BDQ físico	BDQ días de incapacidad	BDQ días en cama	Pérdida total de días	Días acortados
Ninguno en 1 mes	53.5 (0.1)	49.4 (0.2)	2.7 (0.1)	0.8 (0.0)	1.9 (0.1)	1.5 (0.1)	0.5 (0.0)	0.6 (0.0)	1.0 (0.1)
Cualquiera en 1 mes	41.9 (0.4)	46.8 (0.5)	5.5 (0.2)	2.5 (0.1)	3.0 (0.1)	4.1 (0.4)	0.9 (0.1)	1.5 (0.1)	2.5 (0.2)
Depresión leve	34.4 (0.8)	46.0 (0.9)	6.8 (0.6)	3.2 (0.3)	3.5 (0.3)	4.7 (1.0)	1.0 (0.3)	2.3 (0.3)	3.5 (0.3)
Depresión moderada	31.6 (1.1)	43.8 (1.5)	8.3 (0.7)	4.0 (0.4)	4.3 (0.4)	6.5 (1.6)	1.4 (0.3)	2.2 (0.5)	4.3 (0.7)
Depresión severa	28.3 (0.8)	43.1 (3.1)	9.8 (1.5)	5.3 (0.7)	4.5 (0.8)	9.5 (2.7)	2.6 (0.8)	3.2 (0.7)	4.5 (0.5)
Distimia	32.1 (1.4)	41.2 (3.0)	9.6 (0.9)	4.8 (0.4)	4.8 (0.5)	9.4 (1.8)	2.1 (0.6)	3.4 (0.5)	3.5 (0.7)
Cualquiera afectivo	32.3 (0.5)	44.5 (1.4)	8.0 (0.4)	4.0 (0.2)	4.1 (0.3)	6.6 (0.9)	1.5 (0.2)	2.6 (0.2)	3.8 (0.2)
Fobia social	37.6 (1.1)	44.6 (1.2)	7.5 (0.6)	3.6 (0.2)	3.8 (0.4)	5.7 (1.2)	1.3 (0.4)	2.0 (0.3)	3.4 (0.3)
Trastorno de angustia	34.6 (1.6)	45.5 (1.9)	7.1 (0.6)	3.7 (0.4)	3.5 (0.4)	6.9 (1.7)	1.1 (0.3)	2.3 (0.5)	3.6 (0.5)
Agorafobia	42.7 (1.5)	42.3 (1.9)	7.3 (0.9)	2.9 (0.4)	4.4 (0.6)	5.2 (1.5)	1.7 (0.7)	1.4 (0.4)	2.9 (0.4)
TAG	33.9 (0.9)	44.9 (1.3)	7.7 (0.5)	3.9 (0.2)	3.8 (0.3)	7.1 (0.7)	1.1 (0.2)	2.3 (0.2)	3.5 (0.3)
TOC	38.0 (3.5)	49.7 (1.6)	6.3 (1.0)	3.4 (0.5)	3.0 (0.5)	6.9 (3.3)	1.0 (0.4)	1.6 (0.7)	3.0 (0.9)
TEPT	35.3 (1.2)	43.1 (1.7)	8.3 (0.9)	4.2 (0.4)	4.1 (0.6)	7.7 (2.0)	1.6 (0.4)	2.9 (0.6)	4.3 (0.5)
Cualquiera de ansiedad	37.8 (0.8)	45.4 (0.7)	6.9 (0.3)	3.3 (0.1)	3.6 (0.2)	5.5 (0.4)	1.1 (0.1)	1.9 (0.2)	3.2 (0.2)
Abuso de alcohol	50.1 (2.5)	51.2 (0.8)	2.8 (0.7)	1.0 (0.4)	1.8 (0.4)	0.7 (0.2)	0.2 (0.1)	0.4 (0.2)	0.8 (0.3)
Dependencia del alcohol	45.1 (1.2)	48.5 (0.8)	4.1 (0.5)	2.0 (0.2)	2.0 (0.4)	4.1 (1.5)	0.7 (0.2)	1.2 (0.2)	1.7 (0.5)
Abuso de drogas	47.4 (2.0)	50.5 (2.5)	3.5 (1.0)	1.6 (0.5)	1.9 (0.6)	0.9 (0.5)	0.7 (0.4)	0.5 (0.4)	1.9 (0.8)
Dependencia de drogas	43.1 (1.3)	47.1 (2.1)	4.9 (0.6)	2.5 (0.3)	2.3 (0.4)	4.1 (1.3)	1.3 (0.7)	2.1 (0.4)	1.8 (0.4)
Cualquier sustancia	45.5 (0.7)	48.8 (0.5)	4.1 (0.3)	1.9 (0.2)	2.1 (0.1)	3.3 (0.9)	0.8 (0.2)	1.2 (0.1)	1.6 (0.2)
Trastornos de la personalidad	42.0 (0.6)	47.2 (0.6)	5.7 (0.2)	2.8 (0.1)	3.0 (0.2)	3.8 (0.4)	0.9 (0.1)	1.4 (0.1)	2.6 (0.2)
Neurastenia	34.6 (1.3)	39.6 (1.3)	9.0 (0.7)	4.2 (0.3)	4.8 (0.5)	8.0 (1.4)	2.0 (0.5)	3.2 (0.4)	4.0 (0.4)
Psicosis	39.7 (1.1)	47.0 (1.6)	4.9 (0.9)	2.4 (0.5)	2.6 (0.5)	4.7 (2.0)	1.0 (0.2)	1.4 (0.4)	2.8 (0.6)

TAG, trastorno de ansiedad generalizada. **TOC**, trastorno obsesivo compulsivo. **TEPT**, trastorno por estrés postraumático.

BDQ, breve cuestionario de incapacidad.